

## Omega 3 Krill 500 mg - 60 softgels

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CCS200860

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DHA is an important building block for the brain.

## Description

Omega-3 Krill contains pure Krill oil in gel capsules. Like fish oil, this Krill oil is rich in the Omega-3 fatty acids EPA and DHA. The big difference with fish oil is that the Omega-3 fatty acids in Krill oil are bound to phospholipids instead of triglycerides.

CellCare Omega-3 Krill is from ecological catch and MSC approved. The phospholipids are absorbed by the body much faster and more effectively than triglycerides, making Krill oil many times more effective than fish oil.

Unlike fish oil, Krill oil does not cause belching or an unpleasant aftertaste, thanks to the phospholipids. The krill for CellCare's Krill oil is caught sustainably and bears the MSC quality mark, which stands for ecological catch without bycatch and while preserving the environment.

CellCare Omega-3 Krill is a dietary supplement that has been tested free of doping relevant substances, making it also suitable for top athletes.

Maternal intake of **DHA (docosahexaenoic acid)** contributes to normal eye and brain development in the foetus and breastfed infants. The beneficial effect is obtained with a daily intake of 200 mg DHA in addition to the recommended daily intake of omega-3 fatty acids for adults, i.e.: 250 mg DHA and eicosapentaenoic acid (EPA).

**DHA** is an important building block of the brain, contributes to the maintenance of normal brain function and to the condition of the eyes and helps maintain normal and clear vision.

\*With at least 250 mg DHA per day

**Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA)** contribute to the normal functioning of the heart. The beneficial effect is obtained with a daily intake of 250 mg EPA and DHA.

## Usage

- Take 1 to 2 soft gel capsules daily with a meal with water or juice, unless recommended otherwise by a healthcare practitioner.
- Do not exceed the recommended dose.
- Store dry and at room temperature.
- Keep out of reach of young children.
- Not suitable for people with SHELLFISH and CRUSTACEAN allergies.
- A varied and balanced diet and a healthy lifestyle are important. Food supplements are not a substitute for a varied diet.
- Not suitable for vegetarians and vegans.

## Composition

### Vetzuren

Antarctische krillolie (uit *Euphausia superba*)

500 mg

waarvan fosfolipiden	210 mg
waarvan omega-3 vetzuren	120 mg
waarvan EPA	60 mg
waarvan DHA	32 mg
<b>Aanvullende actieve voedingsstoffen</b>	
Astaxanthine (uit Euphausia superba)	0,3 mg

**Categorie:** Cognitive / Neuro  
**Form:** Softgel  
**Raw Material:** Krill Oil, Water